



SEVEN SEAS CRUISES®

KOSHER MENU

Please note: Kosher meals are prepared in advance, sealed, and delivered ready to serve.

Completed forms must be received by **Regent Seven Seas Cruises' Special Services Department** no later than **150 days prior to Asia itineraries, 120 days prior to Europe and 90 days before U.S./Canada sailings**. One form per guest is required. Late requests may not be accommodated. A standard selection is included in your cruise fare. Additional charges may apply for larger or multiple quantities.

BREAKFAST

- 144349** | Waffles *Pareve*
- 144347** | Pancake Stack *Dairy*
- 144348** | French Toast *Dairy*
- 144343** | Omelette *ratatouille Pareve*
- 144344** | Cheese Omelette *Dairy Cholov Yisroel*
- 144345** | Three Egg White Omelette *Pareve*
- 144346** | Blintzes *fruit compote Dairy Cholov Yisroel*

BREAD

- 144393** | Challah Rolls *Pareve*

ENTRÉES

- 144362** | Veggie Eggplant *sliced potato Pareve*
- 144367** | Stuffed Flounder *zucchini Pareve*
- 144375** | Flounder *lemongrass sauce Pareve*
- 144379** | St. Peter's Fish *tomato-pepper vinaigrette Pareve*
- 144370** | Herb-Roasted Turkey *Meat*
- 144366** | Vegetable Lasagna *Dairy*
- 144368** | Greek-Style Chicken *Meat chickpea, bell pepper, tomato sauce*
- 144365** | Roasted Chicken Breast *Meat*
- 144373** | Salisbury Steak *Meat Glatt Kosher*
- 144372** | Meatball *couscous Meat Glatt Kosher*
- 144360** | Kosher Beef Burger *grilled onion Meat Glatt Kosher*
- 144371** | Kung Pao Chicken *spicy peanut sauce Meat*
- 144374** | Beef Bourguignon *Meat Glatt Kosher*
- 144361** | Baked Salmon *chili sauce Pareve*
- 144363** | Grilled Salmon *tomato sauce Pareve*
- 144359** | Pastrami Sandwich *Meat Glatt Kosher*
- 144364** | Sliced Beef Brisket *Meat Glatt Kosher*

APPETIZERS

- 144351** | Healthy Salad *Pareve pickled carrot, red cabbage, green pepper*
- 144350** | Hummus *roasted pepper Pareve*
- 144354** | Eggplant Salad *Pareve*
- 144352** | Mediterranean Couscous *Pareve golden raisin, sliced olive, red wine vinaigrette*
- 144355** | Sliced Gravlox *seasoned edamame Pareve*
- 144358** | Gefilte Fish *Pareve*

SOUPS

- 144353** | Broccoli Soup *Pareve*
- 144356** | Matzo Ball Chicken Soup *Meat*
- 144357** | Barley Soup *roasted barley, crimini mushroom Pareve*

SIDE DISHES

- 144380** | Hash Browns *Pareve*
- 144381** | Roasted Potatoes *Pareve*
- 144382** | Rice Pilaf *Pareve*
- 144385** | Sautéed Mushrooms *Pareve*
- 144386** | Carrots *Pareve*
- 144384** | Steamed Green Beans *Pareve*
- 144383** | Potato Kugel *Pareve*
- 144387** | Sweet Peas *Pareve*

DESSERTS

- 144388** | Chocolate-Pecan Brownie *Pareve*
- 144389** | Apple Crumb *Pareve*
- 144390** | Assorted Cookies *Pareve*
- 144391** | Carrot Cake *Pareve*
- 144392** | Cinnamon Coffee Cake *Pareve*

Please note: Kosher meals are not part of our onboard culinary program and do not reflect our chef-prepared dining experience.